



The American Ultrarunning Association Presents The Olander Park 24-Hour Run Incorporating The American National 100 Mile Run Championship hosted by Olander Park, Sylvania, Ohio September 11 – 12, 2004

Commences Saturday September 11, 10 am promptly

"The Yankee Stadium of Ultrarunning, where the participants are treated like royalty"



Course & Rules:

Scenic 1.0910 mile loop (USATF Certified) around Olander Lake. Paved and totally flat. Park contains all facilities for personal comforts. USATF Rules apply. Positively no pacing. Race management by the Toledo Roadrunners Club & American Ultrarunning Association. Sorry, NO ANIMALS ALLOWED IN THE PARK.

Entry Fee:

\$90.00 postmarked by September 1st. \$100.00 until 9-10-03 All fees are nonrefundable. Free entrance to park for competitors. Fee includes shirt, ample food and refreshments during the 27 hours, professional medical aid, massages to all entrants during the event, and family picnic after race. Resting accommodations in main lodge. Acceptance confirmation and details will be sent.

100 Mile Championship Prize Monies:

Male and Female - 1st place - \$500.00, 2nd - \$300.00, 3rd - 200.00, 4th - \$175.00, 5th - \$150.00 (USA Citizens only). Prize monies for American National 100 Mile Championship only and limited to USA citizens only. Non-Americans can participate as "guests" but will not be included in the American National Championship division and will not be eligible for prize monies.

Packet Pick-Up:

Friday September 10th 6:30 to 8:30 pm & Saturday 11th, 8:00 to 9:30 am, at Nederhouser Hall in Olander Park. Fee includes unlimited pasta dinner (beverage included), Friday 6:30 p.m.-8:30 p.m. Additional dinners for family members and friends will be available at \$6.00 per person.

Lodging:

Host hotel is the Comfort Inn-Westgate, (419) 531-2666 at \$66.00 per night. (Secor Road exit at 1-475) 11 restaurants available in the area.

Email Addresses

Your email address is requested for official event purposes only. If provided you will receive entry confirmation and other event news via email.

24 Hour Run:

ChampionChip will do lap scoring and participants will be credited for the distance they cover within exactly 24 hours, up to the maximum limit of 100 miles. No distances will be recorded beyond 100 miles.

100 Mile Run Scoring

ChampionChip will do lap scoring and the course will be open to complete 100 miles for 27 hours. Those not completing 100 miles in 27 hours will get credit for finishing the 24 hour run with their distance covered at the 24:00:00 hour mark (10AM Sunday). Only those who complete 100 miles within 27 hours will be eligible for the 100 Mile National Championship awards.

Awards:

American National Championship Awards to Top Overall American Men and Women. American National Masters Championship Awards to Top American Men and Women in AUA Masters Age Groups, beginning with age 45.

\$100 bonus to winning American Man and Woman if either breaks last year's respective 100 mile championship records (14:01:01 by Tim Clement and 16:22:15 by Connie Gardner).

Information:

Tom Falvey, Race Director (419) 885-7399 • E-mail address
falvey@prodigy.net

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Last Name										First Name										M.I.			
1																							
Address																							
2																							
City										State		Zip Code				Country							
3										4		5						6					
Area Code/Phone Number										Sex		Date of Birth (MM/DD/YY)				T-Shirt Size (circle one)							
7										8	M	F	9			/		/		10	M	L	X
E-mail Address																							
11																							

In Consideration of this entry, I, undersigned intending to be legally bound, for myself & anyone acting on my behalf release any & all claims for damages I may have against the Toledo Road Runners or The American Ultrarunning Association, this Event & its sponsors, & their representatives, successors, & assigns for any & all injuries & death suffered by me in said event. I attest & verify that I know running a road race can be a potentially hazardous activity. However, I have sufficiently trained for the competition of this event & know that I am running at my own risk. I am also aware of the dangers of racing in hot weather. I have read this waiver of liability.

Entry fee \$90.00 until Sept. 1, 2004, \$100.00 from Sept. 1 until Sept. 10. (NO Race Day registration without prior notice)		
Extra Pasta Dinners	No. of Additional Guests @ \$6.00	
Extra T-shirts	No. of Shirts @ \$9.00	
Total Amount Enclosed		

YOUR SIGNATURE & Date Signed (if under 18 years old, Parents must sign)

Make check payable to:
Mail check & Entry Form to:

Olander Park 100 Mile Run
100 Mile Run
5835 Heidaway Ln..
Sylvania, Ohio 43560